



Second Sunday in Lent
February 21, 2016

Saturday February 20th

- 9:00 Florence Berens req. by Jane & Arthur Margolin
- 5:30 Paul Lombardi req. by The Cardillo Family

Sunday, February 21th

- 7:30 For the Living & Deceased Members of St. Patrick's Parish
- 9:00 Augustina Caruso req. by The Scuderi Family
- 10:30 Kenneth W. Gonsalves req. by The Lyons Family
- Noon Patricia Smith req. by Karen McInerney
- 5:30 Stella Zagajeski req. by Maureen & Brian Donahue

Monday, February 22nd

- 7:00 Frederic Towers req. by Claire Grimes
- 9:00 George Delaney req. by Family

Tuesday, February 23rd

- 7:00 Najma Rizwan req. by Patrick Collins
- 9:00 Patricia Muranski req. by A Friend

Wednesday, February 24th

- 7:00 Ann DePasquale req. by The Kenyon Family
- 9:00 Theresa Algarin req. by Rose Melinck

Thursday, February 25th

- 7:00 Rita Costello req. by The Gallagher Family
- 9:00 Jack McMahon (I) for his 90th Birthday. req. by The McMahon Family

Friday, February 26th

- 7:00 Philomena & Frank Cardinale req. by The Garibaldi & Decina Families
- 9:00 Vincent Zaccardo req. by The Smith Family

Saturday February 27th

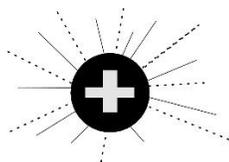
- 9:00 Josephine & Anthony Tangredi req. by Family
- 5:30 John Arthur Sullivan req. by St. Patrick's Religious Education Program

Sunday, February 28th

- 7:30 For the Living & Deceased Members of St. Patrick's Parish
- 9:00 Grace Ferraro req. by Charles & Mariann Casarella
- 10:30 Susan & John Thompson req. by Family
- Noon Vincent Zaccardo req. by The Smith Family
- 5:30 Ginger Casciano req. by Lisa Cribari & Raymond Infarinato

Recent Collections

Sunday, February 14th – \$8,381
Sacred Heart – \$2,160



Pray for the Sick

Tatum Allen, Jacqueline Ruvalo Ascenzi, Virginia Barrett, Lauren Dittrich Bilyeu Thomas Browne, Connor Curran, Betty D'Alton, Frankie Dezell, Kathleen Ducksworth, Martha Dursi, Joe George, Jeffrey Greason, Leslie Hammerschmidt, Margaret Harrington, Francine Holley Richard Hughes, Christine Iannino, Felice Joaquim, Frank Kearns, Joyce Kersh, Diane Malichio, Robert Mangone, Gary Montanus, Robert Schimpf, Kirk Siegwarth, Michael Walsh, Christine Young and all who request our prayers.

It is a privilege and a duty for us to pray for those commended to our prayers. From time to time we start a new list to make sure that it is up-to-date. If we have removed someone who should remain on the list, please call the Parish Office at 234-3344.

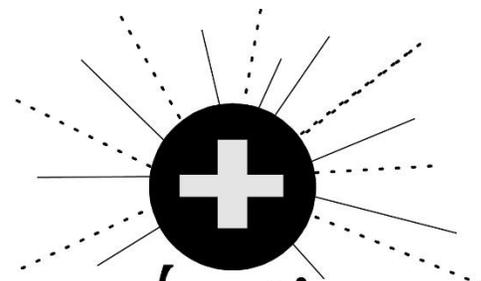
Partner-in-Faith Prayer

Heavenly Father, we ask your blessings and protection on the people of Sacred Heart Parish. We, your children at St. Patrick's, invoke your name on their behalf. We are grateful for all you have given us and in return we are mindful of those who have less than we do. Bless us all and keep us close to you. May the example of your Son, Jesus Christ, be the strength that will make us one in you. This we ask through Jesus Christ our Lord. Amen.

Check Out Our Updated Website at
stpatricksbedford.org

If you have any comments or suggestions, send them to patrick485@optonline.net or call 234-3344.

God
is my
Light
and my salvation



From the Pastor's Desk

Fasting – The Second “Pillar” of Lent

You may recall the very first reading that greeted us during the Ash Wednesday mass. It was the first reading in Lent and it was from the prophet Joel. “Blow the trumpet in Zion,” he said, “proclaim a fast and gather the people.”

Fasting is surely an ancient way to respond to God, and along with prayer and almsgiving it is a pillar of our Lenten practice. But what exactly is it? I suppose you could say that at its core it means “to voluntarily do without in the service of a higher good.” This would be true of all kinds of fasting. First, of course, there is food that we can do without. Chocolate or deserts, anyone? How about Brussel sprouts? Just kidding.

But fasting can include so much more than just food. Here’s a very incomplete list of other things we can fast from:

- judging others
- discontent
- anger
- pessimism
- worry
- complaining
- negativism
- frenetic busy-ness

A Lent that is marked by my attempts to do without or cut down on these things will be a Lent well spent indeed. I might not lose any weight but my spirit would soar. How about it:

Fast from – Judging others

Instead – Give some praise to people

Fast from – Words that hurt others

Instead – Say nothing if you can’t say good things

Fast from – Discontent

Instead – Be thankful

Fast from – Anger

Instead – Be patient with others

Fast from – Pessimism

Instead – Show the optimism that comes with being a Christian

Fast from – Worry

Instead – Practice trust in God

Fast from – Complaining

Instead – Try appreciating

Fast from – The negative

Instead – Focus on the positive

Fast from – Hostility

Instead – Pray for the grace of forgiveness

Fast from – Relentless busy-ness

Instead – Work toward a sense of reflection

Encyclical on the Care of Creation

In his recent encyclical on caring for creation, “Laudato Si,” Pope Francis highlights overconsumption and excessive economic development as the primary causes of the destruction of our common home with him, let us pray to “discover the worth in each thing” and to embody that discovery by buying less and recycling our possessions when we no longer need them.

Cardinal’s Appeal 2016

The Annual Cardinal’s Appeal is underway. Please be as generous as you can to this most important Archdiocesan charity. There is an insert in this bulletin.

Words of Pope Francis

GROWING IN LOVE

“Love of neighbor is a fundamental attitude for Jesus and our relationship with God cannot be honest if we are not willing to make peace with our neighbor (v. 23-24). We must reconcile with our neighbor before showing our devotion to the Lord in prayer. Jesus does not give importance simply to disciplinary compliance and exterior conduct. He goes to the Law’s roots focusing on the intention and the human heart, from which our good and bad actions originate. To obtain good and honest conduct, legal rules are not enough. We need a deep motivation, an expression of a hidden wisdom, God’s wisdom, which can be received through the Holy Spirit. Through faith in Christ, we can open ourselves to the Spirit’s action which enables us to experience divine love.”

High School Youth Group

The High School Youth Group will meet tonight, February 21st, from 6:30 to 8 pm in the Church Meeting Room. They will also meet next Sunday, February 28th, at the same time and place.

BEST
LENT
EVER

HAVE YOU EVER HAD A
life-changing LENT?

Sign up for the free email video program today!

Have you signed up to receive Lenten Meditations by e-mail? All you have to do is go to DynamicCatholic.com/lent and click “Sign Up.” It’s Free. It’s Wonderful.



On that day
God made a covenant

RELIGIOUS EDUCATION NEWS

RELIGIOUS EDUCATION REGISTRATION 2016-2017

Registration forms for Religious Education classes for the 2016-2017 school year will be e-mailed in early March. Registration forms will automatically be e-mailed to all families who are currently registered in the program and to new families who have requested a form. Our Religious Education Program begins in 1st Grade and continues until 8th Grade. For more information or to obtain a registration form, please call the Religious Education Office at 234-3775 or e-mail goodnews2@verizon.net.

ADULT RELIGIOUS EDUCATION LENTEN SERIES

MONDAY, FEBRUARY 22nd
9:30AM – 10:30AM OR 7:30PM – 8:30PM
CHURCH MEETING ROOM

Topic: **The Holy Spirit and the Church**
Presenter: **Fr. Joseph Domfeh**

Join us for a multi-session reflection on the mass.

Altaration

Tuesday, March 1, 2016

Tuesday, March 8, 2016

7:00 pm to 8:00 pm St. Patrick's School

- Do you struggle to get to mass?
- Then once you to mass, do you struggle to participate?
- Does weekly mass feel like a requirement rather than an hour to restore?
- Do you leave mass feeling more stressed rather than less stressed?
- Have you ever looked at Mass as a moment to exhale your stresses and inhale the grace of God?

Join us for one or both sessions:

- Explore the meaning of the mass
- Explore why it is important to encourage our children to go to mass
- Explore how to "get more" out of the Liturgy of the mass for yourself and your family

No need to register, just stop by and join us!

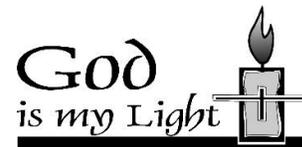


Annual St. Patrick's Auction/Dinner Dance

- Saturday Evening, March 12, 2016 at 7 PM
- Salem Golf Club, North Salem NY
- Honoring Patrick Collins & Sam Roberts
- PLEASE JOIN US FOR A GREAT EVENING!
- Need a ride to the Auction? Please call the Parish Office at 234-3344

Catholic Widows & Widowers

We are a Catholic Social Widows and Widowers Group who meet monthly at Church of St Pius X, 91 Secor Rd, Scarsdale to honor our deceased spouses with a Mass at 7 PM in the main church, followed by a meeting social with refreshments. Our next meeting date is Monday February 22th. We plan activities and have meals at local area restaurants. We recently celebrated our 30th Anniversary with a dinner dance at Juliano's. in New Rochelle. We welcome all Catholic Widows/Widowers. For inquiries, call 914-715-5817 or email: cww10583@gmail.com.



55+ CLUB – ST. PATRICK'S MSGR'S BIRTHDAY LUNCHEON

Friday, March 4th, 2016 – 1 PM
Church Meeting Room
Catered by Scott's Corner Market
LENTEN MEAL

\$25.00 per Person

Paid Reservations by February 28th

Please make your checks payable to 55+ Fund
and send to: Gail Desio

150 South Bedford Road Pound Ridge, N.Y. 10576
Please indicate on your check –Msgr's Luncheon

Name: _____

Tel.No. _____

Address: _____